## Feed the Soil - Amendments

# Definition of fertilizer (NPK) and amendments

## From the land:

Compost

Compost tea and extract

Leaf mould

Forest duff and mycorrhizal inoculants

Manures

Nitrogen fixing bacteria

Molasses

**Effective Microorganisms** 

Korean Natural Farming/IMO

**Glacial Rock Dust** 

Cover crops

Mulch

# From the sea:

Fish hydrolysate vs emulsion

Kelp

Sea water

Sea minerals

Fresh water – bio stimulator

# Recommended companies

Gaia Green http://www.gaiagreen.com

Welcome Harvest http://www.welcomharvestfarm.com

The Organic Gardener's Pantry http://www.gardenerspantry.ca

## Further education

Society of Organic Urban Landcare (SOUL) at wwwlorganiclandcare.org - Landscape Standard Gaia College – Organic Master Gardener/Organic Horticulture Specialist - online Secrets of the Soil Peter Tomkins and Christopher Bird

Building Soils Naturally Phil Nauta www.SmilingGardener.com